



Waltham Forest News

Your Council keeping residents informed

www.walthamforest.gov.uk

Issue 10, 14 December 2009

Everything you need for a green Christmas

Santa's top tips for a greener Christmas

An enjoyable Christmas need not be bad for the environment. With a little forward planning you can enjoy the festivities while minimising your impact on the environment and reducing your carbon emissions.

This year Waltham Forest News has had a chat to Waltham Forest's very own Father Christmas and he's come up with some festive tips to help minimise your energy consumption and waste.

Christmas lights -

The longer you keep your lights on, the more CO2 you'll emit. To reduce your impact on the planet, switch to LED lights or choose some that are powered by rechargeable batteries.

Free presents -

Ebay estimates each person in the UK receives £92 worth of unwanted presents each year. If you'd like to donate an unwanted present try websites such as Freecycle.com or Efreeko.co.uk? Alternatively pop down to the reuse centre in Kings Road, Chingford, and snaffle a bargain.

Food - Traditionally Christmas is the time of year that more



Father Christmas spreads the message of a greener Christmas in Chingford

unwanted food ends up in the bin. How do you avoid this? It's simple, scrupulously plan what

offers, team up with a friend and do your shopping together.

Buy less, recycle more -

Ebay estimates each person in the UK receives £92 worth of unwanted presents each year.

you need, be realistic about what people will eat and if you can't resist 'buy one get one free'

Compost, use reusable bags, choose products with less packaging - like loose sprouts,

and recycle everything you can - see page 7 inside for more details.

We caught up with Santa at the Christmas celebration in Chingford on 5 December where he was spreading the greener Christmas message and even using a reusable bag to carry the children's presents in.

News

03 Paralympic countdown starts

News



04 Top cop retires

Our Safety



16 Fake clothes seized

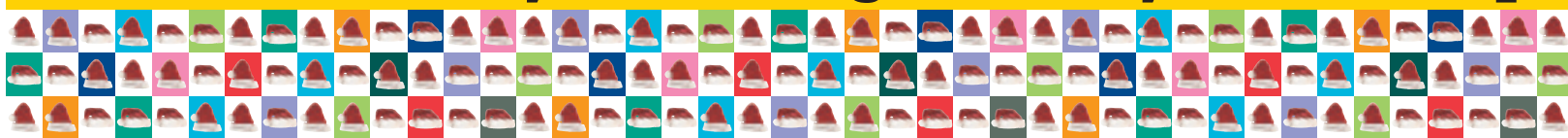
18 Ascham Homes newsletter

Our Community



21 Football club scoops award

This Christmas your borough needs your back-up

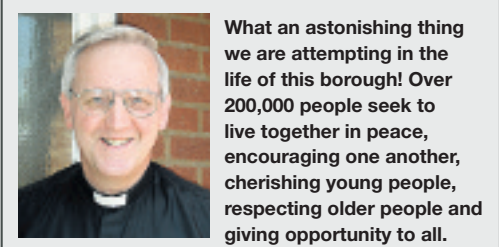


Support us in our goal of securing 120 extra police officers for the borough by signing our petition.

The more signatures we gather, the stronger our case will be. Please complete and return the coupon on page 13 to the freepost address, or sign the online petition at www.walthamforest.gov.uk/backup

In my opinion

Raymond Draper
Vicar of St John's Leytonstone



What an astonishing thing we are attempting in the life of this borough! Over 200,000 people seek to live together in peace, encouraging one another, cherishing young people, respecting older people and giving opportunity to all.

We come from many parts of the world and many religious traditions. Yet here in this place, at this time, we are building a community together.

This quiet miracle is celebrated in every kindness to a neighbour, in every thoughtful act, in the willingness to work together for the good of others. It is an unspoken but deep contract between those who live here. We are determined to make our life together good.

So what do the Christian churches have to bring to this community adventure? Christians, like Jews, Muslims and many other religions, share an understanding of the importance of the law. We cannot live together well, without justice. Religious legal systems all witness to this truth. Respect has to be expressed, and it has to develop as our lives change.

We come from many parts of the world and many religious traditions. Yet here in this place, at this time, we are building a community together.

But law alone is not enough. None of us are perfect. We all make mistakes and the great message of the Christian faith is the message of God's mercy. We believe that new beginnings are possible, where we admit our mistakes. The message which Christians are celebrating this Christmas is a message about the mercy which God makes possible in every place and every age. We believe that Jesus was sent by his Heavenly Father to be our Saviour and the Saviour of the world.

In the building of community in this borough, and in every place, this message has saving power. It can transform our life together. Old wounds can be healed, old sins can be forgiven, old prejudices can be overcome. Peace on earth and goodwill to all was the message of the angels at the birth of Jesus. It is the glorious gift of God to us and to this community this Christmas and in the years to come.

Want to have your say?
If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 300 words; Waltham Forest News wants to hear from you. Email the Editor at: walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.



The London Forest Choir performing at the Queen Elizabeth Hall in the early 80s

Not so silent night

- December round-up for those who like their music
- Christmas concerts, talent contests and TV appearances all-round for Walthamstow

Whether they're being nominated for Mercury prizes or winning Metro-endorsed battle-of-the-bands

contests there's no denying that Waltham Forest residents are a musical bunch, and December's no exception.

The London Forest Choir are celebrating their 60th year together and as part of their celebratory programme will be hosting a Christmas concert on 22 December from 7.30pm at St Mary's Church, Walthamstow.

The Choir will perform the world premiere of 'Christmas Truce' by Jonathan Rathbone and Graeme Curry as well as the Hallelujah Chorus and a selection of carols. Tickets are £10 for adults, £8 concessions, £5 for students and £1 for accompanied children, all available from the ticket secretary on 020 8531 4837.

Elsewhere the New Beautiful South are searching for fresh new talent to warm up the crowd for their forthcoming Walthamstow gig and they've teamed up with the folks at

Walthamstow-based Red Onion Studios. If you think you've got the talent to wow the crowd, find out more at www.redonion.uk.com

The conductor of the Waltham Forest Music Service's First Orchestra will be the subject of a forthcoming BBC London feature due to air on 29 December. Reporter Kurt Barling remembered the surreal sight and sound of a saxophonist playing atop the Berlin Wall on the day that it came tumbling down, and that musician turned out to be none other than Music Service's own Steven Ellery.



The BBC at Waltham Forest Music Service

More info

To find out what's going on in Waltham Forest or to get your own event listed visit www.walthamforest.gov.uk/whats-on

Waltham Forest News

Editor: Andy Strickland

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews@walthamforest.gov.uk or call 020 8496 3000.

Advertising and promotional enquiries: Sunil Duggal, 020 8496 3000 (press 6) advertisingwfn@walthamforest.gov.uk

Waltham Forest Council does not accept responsibility for the content of any non-council advertisements in Waltham Forest News. Their inclusion does not mean that the council

endorses the company or product being advertised.

Waltham Forest News is produced using trees from sustainable managed forests where more trees are planted than felled. Please recycle Waltham Forest News when you have finished with it.



1,000 days to go

- Countdown begins to 2012 Paralympic Games
- Hundreds of residents try their hand at paralympic sports



Residents of all ages braved the winter weather on Saturday 5 December to take part in an afternoon of free sports and family-fun to celebrate 1,000 days to go until the start of the 2012 Paralympic Games.

Although the official countdown began on Thursday 3 December, celebrations were held across Waltham Forest and the other east London host boroughs last weekend.

In Walthamstow town

square, hundreds of residents enjoyed a whole range of on-stage performances and entertainment, with the more plucky amongst them trying out sports including wheelchair basketball, football and resistance sliding – a sport where participants must pull their whole body weight across the floor without using their arms.

"I really like sport, especially basketball so it was fun to try playing it in a wheelchair," said Jamal, from Walthamstow. "It's my favourite sport but was a lot harder than I thought it would be using the chair."

Other stars on the day included members of Leyton Orient Advanced Soccer School, who were on site to show off their skills.

Staff from Greenwich Leisure Ltd, the company responsible for managing the borough's leisure centres, were also on hand to sign up young people for free swimming and offering guest passes into the leisure centres.

When the Paralympic Games come to town in 2012, Waltham Forest will host the wheelchair tennis, as well as numerous key training facilities in the lead up to the Games.

More info

- For more information on the 2012 Games and how to get involved, contact the Council's 2012 team on **020 8496 3000** or visit www.walthamforest.gov.uk/2012

In brief

Audit Commission report

The Audit Commission's latest report on how bodies like the Council, NHS and police are performing in Waltham Forest was published on 9 December and is now available online. The report aims to offer a "snapshot" of the local area, as well as providing more detailed findings concerning specific services. While improvements and efforts the Council has made have been noted, the Comprehensive Area Assessment (CAA) also makes some very clear points as to where further improvements are needed, citing child poverty, obesity, teenage pregnancy and the Council's procurement practises as current causes for concern. Work is currently underway to address these problems, and you can expect updates on the Council's progress in future editions of Waltham Forest News.

- To see the report, visit www.direct.gov.uk/oneplace

Council demands more police

A delegation from Waltham Forest including Council leader Cllr Chris Robbins, met Deputy Mayor of London with responsibility for Policing, Kit Malthouse, to press the authority's case for an extra 120 police officers and to look at overall crime in Waltham Forest.

More police officers are desperately needed to tackle disproportionately high serious crime rates in Waltham Forest.

So far more than 6,000 people have signed the Council's petition calling for more police officers

- For more information and to support the campaign log on to www.walthamforest.gov.uk/backup

Two parties are better than one

Schools across the borough are seeing out the year with typical festive frivolity but perhaps none more so than Chingford Foundation School.

Young and old alike will get to rock around the Christmas tree at the Chingford secondary this year, thanks to two events put on by students and teachers.

It was more reminiscent of School of Rock than school assembly on

Tuesday 8 December, when the school's top musical talent performed updated Christmas classics such as Jingle Bell Rock and We Wish You A Merry Christmas for pupils and parents.

There were cheers and shouts for more amidst a flurry of dancing paper hats, but it's not just the students who get to enjoy a party.

As it is the season for giving, pupils will now

turn their attention to hosting the school's 24th annual Senior Citizens Christmas Party tomorrow. (Tuesday 15 December)

"It's important to remember what this time of year is all about," said Year 10 student Kaz.

"The school has a good reputation for being involved in the community and this party is key to that; we've been doing it forever.

"Everyone deserves a little fun at this time of year and it doesn't matter how old you are, there is always room for a mince pie or two and some dancing."

More info

For more information, contact the school direct on **020 8529 1853**.



Waltham Forest Council

Eid Celebration

Walthamstow Assembly Hall
Forest Road, Walthamstow E17 4JD

Friday 18
December 2009

Doors open 6.30pm
Show Time 7pm

Musical and cultural event to celebrate Eid.
 Presented by Waltham Forest Council in partnership with Cloud Entertainment Limited

Admission FREE by ticket only

Tickets available at Waltham Forest Direct shops

For more information telephone Waltham Forest Direct on **020 8496 3000** or visit www.walthamforest.gov.uk/eid-celebration



In brief

Love Your Borough calendars on sale

After receiving nearly 200 images in the Love Your Borough photographic competition, 12 have been chosen to feature in a fantastic calendar.

Love Your Borough wall calendars are now available and are on sale until Friday 15 January 2010, costing just £2.50.

You can either send a cheque made payable to London Borough of Waltham Forest, to Corinne Hurn at Sycamore House, Forest Road, Walthamstow, E17 4JF, including your name and address, or visit Steve Myhill at Waltham Forest Town Hall and pay in cash.

- For more information about the Love Your Borough project contact Corinne Hurn by ringing 020 8496 3000 or visit www.walthamforest.gov.uk

Council opening times over Christmas

Important Council services will continue be provided to our residents over the Christmas holidays however, opening hours at some Council offices may differ over the festive period.

The Council's Waltham Forest Direct telephone service, which can be reached on 020 8496 3000, will be open 24 hours a day throughout Christmas and New Year and should be your first port of call if you need to contact the Council. Trained operators will be able to direct you to the right department to help.

- For more information about our opening hours, visit www.walthamforest.gov.uk/holidayopening

Panto time is here again

A daft Goldilocks, three cuddly bears, Robin Hood? Yep, Panto season is here again.

Global Productions and Waltham Forest Youth Theatre are presenting Goldilocks and the Three Bears at Chingford Assembly Hall at 6.30pm on 18 December and 1.30pm and 4.40pm on 19 and 20 December.

It's fun for all the family and you'll be able to cheer Robin Hood, boo the evil Squire, sing along with the bears and help find Goldilocks, when she inevitably gets lost in the dark and wild forest.

- For more information and tickets, telephone the box office on 07504 162 331, tickets are £10 for adults and £6 for children and can also be bought on the door.

Walthamstow restaurant closed

A restaurant has been closed by magistrates after Council inspectors found appalling standards of hygiene and infestations of mice and cockroaches.

XXXXXXXXXX XXXXXXXXXXXX XXXXXXXXXXXX XXXXXXXXXXXX, was visited by Environmental Health Officers on 25 November who immediately closed it down.

They had found evidence of mouse and cockroach infestations including mice droppings on shelves and work surfaces. Standards of cleaning were also very poor.

- For more information on the work done by the Council's Food Safety team, visit www.walthamforest.gov.uk



On the beat - crime has dropped 14 per cent since Chief Supt Benbow took over in 2006

Borough's top cop retires

- Borough has outer London police officer allocation but inner city problems
- Chief Superintendent Mark Benbow says all police borough commanders would like more officers



"If the borough was configured differently and stopped at the A406, we'd probably be resourced right."

More than 6,000 people have backed Waltham Forest Council's campaign for 120 more police officers. The Council believes the disproportionate level of

seen in London – Broadwater Farm and Brixton in the 1980s and the Poll Tax riots in the early 1990s, as well as more pleasant assignments such as royal weddings and the visit of the Pope to Britain.

Mr Benbow said his greatest achievement was the borough's work around

There are certain boroughs in London, of which this is one, that clearly are not resourced to the right level.

serious crime in the borough means it has fewer police officers than other boroughs with similar crime profiles.

Mr Benbow joined the police force as a constable at 18 and during his 30 year career has worked his way up to Chief Superintendent.

During his time with the police he has worked across East London for the murder squad, the territorial support group and even carried out covert surveillance work and managed informers.

He was deployed at some of the most violent riots ever

building stronger communities in the aftermath of the 13 terrorism arrests in Waltham Forest in August 2006.

He also cited the 42 per cent drop in robbery since his appointment in 2006 and now, the 14 per cent reduction in serious crime and the 28 per cent drop in serious youth violence last year – the biggest in London.

More info

for more information on the Council's police campaign log on to www.walthamforest.gov.uk/backup

Stay safe this Christmas

- Stay safe at Christmas by taking sensible precautions when out and about
- TfL launch annual campaign to encourage women not to use unlicensed minicabs

Christmas is almost here and now is a good time to make sure your festive season isn't wrecked by criminals.

Criminals take the opportunities afforded them

by the extra shopping we do, the hustle and bustle of town centres as we rush around, and the value of the goods we buy as presents and store in our homes until the big day.

There are also more people

out and about in clubs and bars and people tend to be more trusting and generous at Christmas when requests for charity are made, which gives unscrupulous people a chance to collect money for their own causes.

If you can't arrange to shop during less busy times, make sure you stay alert and be extra careful with your wallet or purse.

And having bought lots of wonderful presents, don't make it easy for someone to steal from your home.

Empty boxes left outside advertise you have new goods inside so dispose of packing carefully (and remember to recycle where appropriate).

While you are out and about don't leave bags over the back of your chair and keep wallets and

purses close to your body to make it more difficult for the pickpocket.

Finally make sure someone knows where you are going and what time you will be back and tempting though it may be, don't drink too much.

Finally, don't use unlicensed minicabs to get home after a night out, always use a black cab or a pre-booked mini cab.

More info

For much more crime prevention advice visit the Suzy Lamplugh Trust website at www.suzylamplugh.org Alternatively, ring Waltham Forest Council's community safety team on **020 8496 3000** or log on to www.walthamforest.gov.uk/index/safety/crime-prevention for more advice.



In brief

Combating tenancy cheats

Waltham Forest Council has pledged its support to a national campaign to clamp down on tenancy cheats. The drive aims to bring together knowledge and resources to stop people sub-letting or fraudulently occupying council properties.

The campaign could free up an estimated 5-10,000 homes nationwide. In some areas around one in 20 council homes is unlawfully sub-let. This costs taxpayers hundreds of thousands of pounds annually, and deprives homeless people of vital housing. Waltham Forest Council is urging residents to get in touch if they know of tenancy cheats living near them.

- For more information about unlawful sub letting or to report this practise call the Council's Corporate Audit and Anti-Fraud Team on **020 8496 4299**.

Have your say on making London safer

Residents, businesses and organisations are being urged to take part in a consultation designed to make the capital safer by improving emergency services.

The London Fire and Emergency Planning Authority want people to comment on their proposals for improving services throughout 2010-13.

The plans will affect everyone who lives, works and visits the capital and covers issues which will directly effect how the fire brigade puts in place certain services and policies.

- For more information the consultation is available online at www.citizenspace.co.uk/lfepa

Are You 16 – 18?

Courses available NOW Sign up today!

Choose from a wide range of courses including:



- Beauty Therapy
- Fashion and Clothing Pathway
- Multimedia and Journalism Pathway
- Music Production and Business Pathway
- Complete Music Industry Pathway
- Performing Arts
- Engineering Pathway
- ESOL (Entry Level 1 - Level 1)
- ICT (Level 2)
- Introduction to Parenting and Childcare
- Vocational Studies

All courses are foundation tier learning, except ICT.

For additional information call our Student Services Centre on **020 8501 8501**, email info@waltham.ac.uk or just **drop in** to our Forest Road site: Forest Road, Walthamstow, E17 4JB.

The College is committed to safeguarding and promoting the welfare of children and vulnerable adults

Sign up now!

WALTHAM FOREST COLLEGE 

Our Environment

In brief

Dog walkers - know your rights

Waltham Forest Council is reminding dog owners that there are designated areas in the borough where they can let their dogs run free.

Dogs must be kept on a leash, less than eight metres long, and be under control at all times except in Higham Hill Recreation Ground, Chestnut Fields and Highams Park (the park itself) where they can run free.

A person is only allowed to walk a maximum of six dogs at a time on their own and dogs cannot be taken onto sites where they are specifically banned, such as children's play areas.

- For more information about where you can walk your dog, log on to www.walthamforest.gov.uk/index/environment/environmental-health/animal-welfare



Early Christmas present for play areas

A new play area is to be built and a further 10 will be improved after Waltham Forest Council gained government and lottery funding to carry out the work.

Residents will be able to see the designs for the new play area due to be built in Kitchener Road Park and vote for their favourite by logging on to www.walthamforest.gov.uk/play-builder-initiative from December 17 to January 3.

They will also be able to view and vote for their favourite playground design for Higham Hill Recreation Ground and Pimp Hall Park. The design for Pimp Hall Park will be used as the model for Thomas Gamuel Park, Abbotts Park, Ridgeway Park, Stoneydown Park, Leyton Manor Park, Vincent Road Play Area, Chase Lane Park and Coppermill Park.

The improvement work forms part of the Playbuilder scheme managed by Play England on behalf of the Department for Children, Schools & Families.

- For more information about the Playbuilder scheme log on to www.playengland.org

Cockroach horror show closes restaurant

A restaurant has been closed by Waltham Forest Council after hundreds of cockroaches were found scurrying all over the floor and work surfaces.

XXXXXXXXXX XXXXXXXXXXXX XXXXXXXX XXXX, was closed last month because of poor standards of hygiene and the infestation.

Magistrates at Waltham Forest Magistrates Court then ratified the closure and ordered the restaurant, which sells Ghanaian cuisine, to pay £946 costs.

The premises will remain closed until hygiene standards have significantly improved.

- For more information about how Waltham Forest Council protects residents from poor standards of hygiene contact the Food Safety Team on 020 8496 3000.



From errant carrot tops to your whole Christmas tree, it all goes in the brown bin

Recycling this Christmas

- Tis the season to be jolly, but you can still be eco-friendly with it
- Scraps, packaging and leftovers can all be recycled rather than sent to landfill

It's a time of year when many of us are home with the family, opening pressies and stuffing ourselves to the gunwales with all manner of Christmas treats. If you're wondering what to do with all the mess once the dust has settled, read on...

Green waste
Potato peelings, rogue parsnips and, of course, the inevitable leftover sprouts are all great food for your brown bin. If you plumped for a real Christmas tree this year you can also lop it into metre-long chunks and pop that in too.

Clothes and textiles
Since you'll doubtless be getting an array of new ties, socks and sweaters why not dig out all those old mothballed items you'll never wear again? You can either put them in your recycling box for us to collect (good quality items get sent to developing countries and textiles that

can't be re-used get made into industrial-strength cleaning cloths) or, of course, pop them down to a charity shop to be sold on for a good cause.

Cardboard
There'll be stacks of it floating around, whether it's the boxes the kids' toys came in or packaging for the gizmos and gadgets the older 'children' seem to love so much. The tip here is to break it down into manageable pieces (larger bits can't be collected) and try to make sure the boxes are folded in on themselves so passersby can't see the goodies you've been given.

Wrapping paper
We're really sorry folks, but while that shiny paper might look great wrapped in ribbons it's no good for recycling. Please pop it with your regular rubbish but remember to put your newspapers and magazines in the black box.

Waltham Forest Council's

Cabinet Member for Environment, Cllr Bob Belam, said: "I'd urge residents to recycle as much as they possibly can over the festive period and help to make it a green Christmas this year in Waltham Forest."

More info

For more information on what you can and can't recycle or to find out about the holiday schedule call **020 8496 3000** or visit www.walthamforest.gov.uk/recycling



Duo fined £1,100 in fly tipping prosecution

WE'RE WIPING OUT ENVIRO-CRIME



xxxxxx xxxxxxx xxxxxx, were prosecuted for their involvement in the dumping of a large quantity of waste in Folly Lane.

They were tracked down after letters to Xxxxxx xxxxxx were found in the rubbish. When enforcement officers visited her, it was discovered she had employed xxxxxxxx on May 26 to dispose of a large quantity of rubbish, without bothering to check if he was licensed to carry waste.

Whilst the officer was speaking to xxxxxxxx xxxxxx arrived in his van to collect more waste. He was spoken to and admitted dumping the rubbish in Folly Lane. But claimed that he had been given permission to do this by a man he had paid cash to.

The pair were tried at

Waltham Forest Magistrates' Court on October 29, where xxxxxx xxxxx xx was fined £100 and ordered to pay costs of £415 for failing in her duty of care to control her waste.

Xxxxxxxx was found guilty in his absence and was fined £1,000 and ordered to pay £415 costs for Depositing Controlled Waste and for Transporting Controlled Waste without being authorised.

The prosecutions form part of the Council's Wiping Out Enviro Crime which aims to tackle littering, fly tipping, graffiti and dog fouling.

More info

To find out more about how Waltham Forest is tackling environmental crime log on to www.walthamforest.gov.uk/wipeitout

In brief



First cash payout

WE'RE WIPING OUT FLY-TIPPING

A businessman has been given a £150 cash reward after providing evidence against a fly tipping company which led to their prosecution.

It is the first time that Waltham Forest Council has paid out through its Conviction Reward Scheme, which was launched in August.

It aims to encourage residents to report environmental crime such as fly tipping, graffiti, littering and dog fouling to the authorities.

The witness's information led to clothing firm XXXXXXX based in Dalston pleading guilty to Unlawful Deposit of Controlled Waste at Waltham Forest Magistrates Court on November 26. It was fined £250 and ordered to pay £660 costs and a £15 victims surcharge.

• For more information about the Conviction Reward Scheme ring Waltham Forest Council on 020 8496 3000.

Two residents have paid the price for their filthy ways after magistrates fined them a total of £1,100 for dumping waste in a

community woodland.

Xxxxxxx xxxxxxxx
xxxxxx xxxxxxx xxxxxx
xxxx xxxx xxxxxxx xxxxx
xxxxxx xxxxxxxx xxxxxx

Christmas and New Year refuse and recycling collections

Normal collection day	New collection day
Monday 21 – Thursday 24 December	Normal service
Friday 25 December	Monday 28 December
Monday 28 December	Tuesday 29 December
Tuesday 29 December	Wednesday 30 December
Wednesday 30 December	Thursday 31 December
Thursday 31 December	Saturday 2 January
Friday 1 January	Monday 4 January
Monday 4 January	Tuesday 5 January
Tuesday 5 January	Wednesday 6 January
Wednesday 6 January	Thursday 7 January
Thursday 7 January	Friday 8 January
Friday 8 January	Saturday 9 January
Monday 11 January	Normal service resumes



Do you have a real Christmas tree?



Recycle it from home

- Cut it into one metre lengths.
- Put the pieces in your brown garden waste bin or somewhere easily visible and accessible in your front garden.
- Your tree will be collected with the garden waste recycling collection.

For your collection day call Waltham Forest Direct on **020 8496 3000** or see www.walthamforest.gov.uk

Take it to a recycling centre

- **Gateway Road, E10**
Closed 25-27 and 29 December, 1 and 4 January
- **Kings Road, E4**
Closed 25 and 26 December, and 1 January
- **South Access Road, E17**
Closed 25 and 26 December, and 1 January



**JUSTICE SEEN
JUSTICE DONE**



Ward Watch

A glance at the latest policing activities in your area

Leyton Mills

Police seized 16 vehicles and arrested four people following an operation in Leyton Mills Retail Park to tackle vehicle crime. More than £3,000 cash was also recovered.

Contact: Leyton Mills SNT 020 8345 2329

Chapel End

Two people have been arrested after officers responded to a suspected break in at a local school in Chapel End ward. The officers were patrolling the area in a bid to clampdown on Halloween and fireworks related anti-social behaviour.

Contact: Chapel End SNT 020 8721 2647

Cathall

Acceptable Behaviour Contracts have been put in place for young people who were causing disturbances in two estates in the Cathall area.

Contact: Cathall SNT 020 8721 5004

Endlebury

A combined operation to reduce burglary and car crime in Endlebury resulted in 11 people being arrested, five vehicles being seized, three cannabis warnings served and six fixed penalty notices issued.

Contact: Endlebury SNT 020 8271 2650

Leyton

Two men were arrested on suspicion of possessing class B drugs in an area where the consumption of drugs and anti-social behaviour is known to be a problem. One of the men was charged and received a three month referral order with the youth offending team.

Contact: Leyton SNT 020 8721 2037

Valley

Bikes were security marked for local residents and park users in Chase Lane Park to help reduce bicycle theft and assist in owner recovery. Bikes were given the service courtesy of bikeregister.com.

Contact: Valley SNT 020 8721 2797

Lea Bridge

Three brothels were raided following police-led intelligence. A follow up visit showed that one brothel had re-opened and was subsequently ordered to close. During the raids one person was arrested for immigration offences.

Contact: Lea Bridge SNT 020 8721 2797

Chingford Green

A number of people were arrested and had their trading licences revoked following a joint effort to tackle drug misuse, drug dealing and anti-social behaviour in Chingford.

Contact: Chingford Green SNT 020 8721 2651

Hale End and Highams Park

- Speeding fines were issued to speeding motorists following a operation in a 20mph school zone in Hale End Road E17 following complaints from parents and teachers.

- Alcohol was seized from under age drinkers and the Council's trading standards team visited and advised alcohol retailers following concerns that young people were buying alcohol too easily in the Hale End and Highams area.

Contact: Hale End and Highams Park SNT 020 8721 2646

Hatch Lane

Three people were arrested and 12 drivers were reported for driving offences following an operation to tackle burglary in Hatch Lane.

Contact: Hatch Lane SNT 020 8721 2641

Grove Green

- Following complaints about a brothel in Grosvenor Road Leyton E10, the police took action that resulted in the eviction of all occupants.

- Occupants from a property in Grove Green ward were evicted for causing anti-social behaviour. A large quantity of rubbish was found in the property causing potential fire and health risks.

Contact: Grove Green SNT 020 8721 2640

William Morris

A dispersal zone is now in operation on the Priory Court Estate, running until 6 May 2010. Anyone causing harassment or distress will be asked to leave the area. It will then be a criminal offence if they return within 24 hours.

Contact: William Morris SNT 020 8721 2643

Higham Hill

Officers chased a burglar from the scene of a crime, and although he evaded the officers he was later arrested when he returned home.

Contact: Higham Hill SNT 020 8721 2644

Hoe Street

Officers and the Council's enforcement team will be carrying out dedicated patrols in a bid to combat street drinking in the Hoe Street area. Anyone caught consuming alcohol will be issued with a fixed penalty notice or arrested.

Contact: Hoe Street SNT 020 8721 2642

Forest

Four men have been arrested for homophobic offences following a rise in the number of homophobic assaults and incidents around the Hollow Ponds area.

The SNT have increased patrols in the area and have been working with representatives from the lesbian, gay, bisexual and transgender (LGBT) community to deliver personal safety messages and to raise awareness of non-police reporting sites and support agencies available in the borough.

Contact: Forest SNT 020 8721 2645

High Street

A venue connected with anti-social behaviour and drug dealing has been shut down following a premises closure order secured against the property.

Contact: High Street SNT 020 8721 2035

Cann Hall

To help combat the problem with street drinking in Harrow Green, officers have been carrying out high visibility patrols and enforcement activities.

Contact: Cann Hall SNT 020 8721 2036

Leytonstone

Due to concerns from residents in Leytonstone about alcohol fuelled anti-social behaviour from licensed premises, the police and Council will be working together to review licences in the area.

Contact: Leytonstone SNT 020 8721 2874

Larkswood

In a bid to prevent burglary and robbery in the run-up to Christmas, the Larkswood team and the Council held a crime prevention day at Chingford Mount. The Crime prevention van provided safety materials, leaflets and advice to increase resident's awareness.

Contact: Larkswood SNT 020 8721 2648

Wood Street

To help prevent disorderly behaviour and minor crime, the flower beds were re-planted in Wood Street Precinct supported by the Better Neighbourhood Initiative to improve the appeal of the area.

Contact: Wood Street SNT 020 8721 2768

Markhouse

Officers have stepped up patrols in Beaconsfield Road to prevent anti-social behaviour incidents. The dispersal zone in the Markhouse ward allows officers to take action if residents feel threatened by groups of people hanging around.

Contact: Markhouse SNT 020 8721 2649

Neighbourhood Link - community messaging service

Neighbourhood Link is a community messaging service from the Metropolitan Police Service that provides news and information about policing activity or initiatives, crime prevention advice as well as major incidents affecting your area.

To find out more and to register visit
www.neighbourhoodlink.met.police.uk

Safer Neighbourhoods Teams (SNT) are dedicated to the needs of your neighbourhood



London Borough of Waltham Forest Community Learning and Skills Service

Pathways to Employment

New opportunities to help you achieve the career you want with
Waltham Forest Community Learning and Skills Service

Do you want to work with people but need help in knowing where to start?

- ◆ As a teaching assistant
- ◆ As a play-worker
- ◆ In a nursery
- ◆ In a care home
- ◆ In a shop

We have a wide range of short accredited courses to help you work towards the job you want.

Do you want to work in an office?

- ◆ Doing accounts
- ◆ As an administrator

We can give you help and information on the courses you need to do and the skills you need to develop so that you can work towards gaining the right combination of qualifications to get you into the job you want.

Do you want to work in the creative industries?

- ◆ In fashion
- ◆ In design

We can help you draw up your own personal action plan and support you in working through your very own pathway to employment.

Please come along to one of our Information and enrolment sessions on:

Wednesday 6 January 2010, 1pm – 3pm
Chestnuts House, 398 Hoe Street,
Walthamstow E17 9AA

Friday 8 January 2010, 10am – 12noon
Leyton Neighbourhood Learning Centre,
3 The Square, High Road, Leyton E10 5NR
(next to ASDA)



For more information • Tel: 020 8523 9355 • Email: class.info@walthamforest.gov.uk • web: www.walthamforestclass.gov.uk



Waltham Forest Council has government and Lottery funding to build a new play area in Kitchener Road Park and improve ten existing play areas by March 2010.

The play areas that will be improved are in Higham Hill Recreation Ground, Thomas Gamuel Park, Abbotts Park, Pimp Hall Park, Ridgeway Park, Stoneydown Park, Leyton Manor Park, Vincent Road Play Area, Chase Lane Park and Coppermill Park.

We need your help to choose and vote for the play area design you like the best.

From 17 December – 3 January you will be able to view the play area designs and vote at www.walthamforest.gov.uk/play-builder-initiative

Have your say and vote for play!
We look forward to receiving your vote.

For further information contact
Waltham Forest Direct on 020 8496 3000.



Advertising

Love your borough

WE'RE WIPING
OUT ENVIRO-CRIME

After receiving nearly 200 images in the Love your borough photographic competition, the judges whittled them down to just 12 to produce the Waltham Forest Love your borough calendar 2010.

Wall calendars are now available and will be on sale until Friday 15 January 2010, costing just £2.50.

Paying by cheque

Send your cheque to Corinne Hurn at Environment and Regeneration, Waltham Forest Council, Sycamore House, Forest Road, Walthamstow E17 4JF and make the cheque payable to London Borough of Waltham Forest, make sure to include your address details for us to post it out.

Paying by cash

Visit Steve Myhill, at Waltham Forest Town Hall and pay in cash to Steve Myhill, the Mayor's Admin Support Officer and collect your calendar after Friday 4 December.

Calendars are being sold to help raise funds for the Mayor's charity appeal supporting the Whipps Cross Maternity Unit's 'Big Push' initiative and the Special Care Baby Unit, 100 per cent of these proceeds will go to these charities.



For more information visit
www.walthamforest.gov.uk/love-your-borough



Waltham Forest

NEW BEAUTIFUL SOUTH

The Beautiful South have now morphed into 'New Beautiful South' after a breakup of 2 years.

The band have sold over 15 million albums worldwide and had a string of hit singles such as Rotterdam, Don't Marry Her and A Little Time. Carry On Up The Charts, was one of the fastest-selling albums in UK history.

Saturday 13 February 2010

Walthamstow Assembly Hall
Forest Road, Walthamstow E17 5SD

Doors open 7.30pm, concert 8.30pm
Ticket price £19.50

Tickets available from www.ticketweb.co.uk
Telephone 08444 77 1000

www.walthamforest.gov.uk/newbeautifulsouth



Apprenticeships are great for employers, employees and the overall economy

A thumbs up for apprenticeships

- **New London-wide initiative seeks to raise awareness of companies taking on apprenticeships**
- **Initiative will also increase the number of apprenticeships to help young people into work**

A new scheme is underway to recognise London businesses that employ apprentices.

The National Apprenticeship Service (NAS) has announced the launch of its Apprenticeship Employers' 'badge', which can be used by businesses and employers who take on apprentices and are justifiably proud of doing so. The badge can be used on company websites or stationery, and by signing up to the scheme the company's own logo will be displayed on the NAS website. The scheme aims to link consumers with businesses who support an apprenticeship scheme, based on data that shows

79% of people are more likely to use a business if it offers apprenticeships to young people.

Those in the know are fully aware that taking on an apprentice is a win-win option. Apprentices bring new skills to a business, improving staff productivity and retention and, of course, provide valuable inroads into jobs and roles in a time of economic uncertainty that has hit young people hardest of all. Research shows they are the best way of training people and equipping them with skills for the future, and also help businesses secure a supply of people with the

skills and qualities they need.

The NAS itself aims to increase the number of apprenticeships available. It will also provide a dedicated service to employers taking on new apprenticeships and those becoming apprentices themselves. The Scheme also aims to simplify the process of recruiting by highlighting specific vacancies and providing an online matching service.

More info

To find out more about apprenticeships in London or the new badge visit www.apprenticeships.org.uk or call 0800 0150 600.

In brief



Register to vote

While they might seem a long way off, work has already begun to prepare for next year's Council and general elections.

Local government elections will take place on May 6 and while the general election date is yet to be announced, the Waltham Forest 2010 Electoral Register has just been published.

Despite sterling work by doorstep canvassers and the electoral services team sending out reminders, around 8,000 people still haven't returned their voter registration form.

Remember, it's not just about being able to have your say on who runs the Council and country – not being on the electoral register can also adversely affect your credit rating.

• **For more information visit www.walthamforest.gov.uk/registering-to-vote. If you don't think you're on the electoral register call Electoral Services on 020 8496 3000.**

ADVANCE NOTICE OF START-UP Of

THE WALTHAM FOREST COMMUNITY CHOIR
aspiring to be intergenerational; cross-cultural; inclusive
and fun

Have you watched 'The Choir' on television? Then you know what we are talking about!

Have you wondered when there would be a Waltham Forest Community Choir? Wonder no more! The Waltham Forest Choir will be formed in January 2010.

We want experienced and inexperienced singers aged 18 to 25 years old OR 50 years plus.

Rehearsal will take place on Monday evenings.

For more information see www.ageconcernnwf.org.uk
For application pack phone **020 8558 5512**

Places will be limited (due to venue size) so don't delay, get in touch today!

A WALTHAM FOREST WellComm INITIATIVE
In partnership with the Waltham Forest Music Department



What's On

Sports and fitness

Keep Fit and Movement

Mondays, 8-9.15pm.
Baptist Church Hall,
Cavendish Road, Highams Park.
Phone for details 0208 508 7840.

Kundalini yoga and meditation

Thursdays, 6.45pm-8pm.
Shakti Studio, Stanley Road,
Chingford. Free yourself from
anxiety, stress and fatigue while
improving balance and strength.
Contact 07890 909928 /
satkartar10@talktalk.net
for more details.

Hatha Yoga

Thursdays, 8-9pm.
X7eaven Dance Studio,
596A Lea Bridge Road, Leyton.
Beginners Hatha yoga class on
Thursdays. Learn yoga in a relaxed
and encouraging atmosphere.
Great way to stay in shape,
de-stress and increase strength
and flexibility. Open to all levels,
complete beginners welcome.



Youth Football Sessions

**Mondays, 4pm-5pm (8-11yrs)
and 5pm-6pm (12-16yrs).**
Priory Court Community Centre,
11 Priory Court, South Countess
Road, Walthamstow. Circle 33
Housing Trust has teamed up
with Leyton Orient Community
Sports to put on free football
sessions for young boys and
girls. Just turn up and play.
For more information email
gulsun.faik@circleanalia.org
or call 020 8531 9990.

Yoga Classes – Stretch and Relax

**Wednesday and Thursday
evenings 7.30pm-8.45pm.**
Community Hall, Cann Hall and
Harrow Green Baptist Church
Cann Hall Road, Leytonstone.
Iyengar Method yoga classes.
Beginners (men and women)
are welcome. Yoga mats and
other equipment provided.



For more info please contact
Angie on 07963 777682.

Wingrove Short Mat Bowls Club

**Tuesdays 9.30am-12.30pm
and 7pm-9.30pm.**
Scout Hall, End of Beech Hall Road,
Highams Park, Chingford.
All standards including beginners
welcome. Flat shoes must be worn.
£2 per session. For more details
call 020 8529 8865.

Yoga, Pilates and Dance Classes

Red Onion Studio, Walthamstow.
A variety of classes for adults and
children of all levels – including
performing arts, yoga for pregnancy,
belly dancing, salsa, hip hop and
capoeira. Prices from £2 per
session, some classes free.
Call 020 8520 4215 or visit
www.redonion.uk.com

Yoga For Pregnancy

Sundays 9.30am-10.30am.
Walthamstow Toy Library,
Ravenswood Road, Walthamstow.
Breathing, relaxation and
movement for health and well
being during pregnancy and
to assist with labour. Suitable
for women in their second and
third trimester of pregnancy.
For more information and to
book a place please contact
Helen on 07939 607853 or
[walthamstowvillageyoga@
hotmail.co.uk](mailto:walthamstowvillageyoga@hotmail.co.uk)

Waltham Forest Swimming Club

Monday and Friday evenings.
Waltham Forest Pool and Track.
Wednesday evenings.
Larkshall Leisure Centre.
Learn to swim, keep fit, compete
or have fun. For more details call
Esther on 07931 592453 or email
hillhousehold@btinternet.com

Tell us what's on

[walthamforestnews@
walthamforest.gov.uk](mailto:walthamforestnews@walthamforest.gov.uk)

Clubs and community

Lee Valley Regional Park

Lee Valley Regional Park is
hosting a variety of fun-filled
activities to welcome in the
New Year in 2010.

Guided Walk (Sunday 3 January)

10.30-12.30. Free, suitable for
everyone. Join us for our monthly
leisurely paced walk in River Lee
Country Park enjoying the scenery
and wealth of wildlife. A great way
to blow away the festive cobwebs.

Bittern Roost Watch (Sunday 10 January) from 3.30pm.

Free, suitable for everyone,
(children from 8 years), booking
advised. A short guided walk
followed by a roost watch in the
Bittern Information Point - we may be
lucky enough to catch a glimpse of
an elusive Bittern. Fishers Green
Car Park, Stubbins Hall Lane,
Waltham Abbey, Essex EN9 2EF.

College Operatic Society

The College Operatic Society
(CAOS) are looking for new
members for their forthcoming
July, 2010 production of 'The
Wizard of Oz' at the Kenneth More
Theatre, Ilford. Rehearsals take
place each Thursday at 7.30 pm
commencing 7 January, 2010 at
Waltham Forest College. If you are
a singer/dancer and are keen
to know more, please contact
Doreen 020 8539 9474 or email:
damedoreen@yahoo.co.uk

Lesbian and gay

MY Men: Mondays, 6.30-9.30pm.

MY Young People:
Wednesdays, 5-9.30pm.

MY Women: Thursdays,
6.30-9.30pm.

Mellow Yellow at The ELOP Centre,
Walthamstow. East London's Lesbian
and Gay Centre. Relaxed social
space for North East London's
lesbian, gay and bisexual community
£2 weekly; young people FREE,
Grove Road, Walthamstow.
020 8509 3898 info@elop.org

Drop-In for the Bereaved

**Every first and third Tuesday
in the month, 2-3pm.**
St Edmund's Parish Church,
Larkwood Road, Chingford.
Friendly, informal opportunity to
chat over a cup of tea. Open to all.

Walthamstow Amateur CineVideo Club

Every Thursday, 8pm.

Stafford Hall, St Barnabas Church,
St Barnabas Road, Walthamstow.
Learn the various techniques of
filmmaking with this long-standing
club. Either email [loftustowers@
aol.co.uk](mailto:loftustowers@aol.co.uk) or simply pop along
on Thursday evening.

Walthamstow Farmers' Market

Every Sunday 10am-2pm.

Walthamstow Town Centre.
Providing a fantastic choice of
produce including delicious organic
and outdoor reared meat, seasonal
game, dairy produce, juice, plants
and flowers, hand made preserves,
fresh fruit, herbs, fish and shellfish,
free-range eggs, and the freshest
vegetables and salads. Many of the
farms attending are based in Essex,
Cambridgeshire and Suffolk.

Tell us what's on

[walthamforestnews@
walthamforest.gov.uk](mailto:walthamforestnews@walthamforest.gov.uk)

Culture and crafts

East Side Jazz Club

Tuesday 15 December.

The Lord Rookwood pub,
314 Cann Hall Road, Leytonstone.
Alan Barnes (alto & baritone saxes),
Bruce Adams (trumpet & flugel),
Robin Aspland (piano), Simon Thorpe
(bass), Clive Fenner (drums).

Theatre Royal Stratford East Bar

FREE live music and DJ sets

every week. Tara Grainger

Wed 16 December. Jazz
standards on piano and vocals.

**Gemma Salter and Stephen
Lloyd, Thurs 17 December.**

Acoustic Indie & rock songs, DJ
Excalibah Fri 18 December.

Spins a selection of classic,
funk and soul.

Andy Black and Mandy Harris,
Sat 19 December. Acoustic
soul and jazz

e17 jazz

Thursday December 17.

The Rose and Crown - Ryan Williams
Band (Rory Simmons, Ryan Williams,
Will Collier, Nick Smalley).

www.myspace.com/e17jazz
e17jazz@googlemail.com

Grand Christmas Concert

Saturday 19 December, 7.30pm.

Chingford Parish Church.

The 27th Annual Popular seasonal
music for choirs, orchestra and
audience, with Chingford Parish
Church Choirs, The Chingford
Singers, Chingford Sinfonia.
Forward half of building £13
(Concessions £11.50). Rear half
£11 (Concessions £10). Programme
available separately on the night.

**Advance booking strongly
recommended on 020 8529 6092.**

New Years Eve Disco

Thursday 31 December,

7pm-12.30am. Come celebrate
the new year with a family friendly
party at La Trevi function room,
476 Larkshall Road Highams Park.
£15 adults, £8 Children,
under 5s Free. Includes buffet.

**More info and tickets please call
promoter, Steve, 07986 264175.**

After Chekhov - selected plays by Michael Frayn

Tuesdays, 7.30-9.30pm.

Starting 12 January for 10 weeks.

Explore, discuss and workshop plays
- no previous experience necessary.
Greenleaf Centre, Greenleaf Road,
Walthamstow.

**For more details contact us
at 020 8539 7057 or email
walthamstowwea@yahoo.co.uk
or see our website
www.london.wea.org.uk**

Parks and open spaces in 19th century London

The development of London's
'lungs' - a look at parks, squares
and cemeteries with discussion
and images. Shernhall Methodist
Church, Shernhall St, Walthamstow.
Cost of each course is £64.

**For more details contact us
at 020 8539 7057 or email
walthamstowwea@yahoo.co.uk
or see our website
www.london.wea.org.uk**

Festive Sing-along

Sunday 20 December, 12-3pm.

Lloyd Park, Forest Road,
Walthamstow. Friends of Lloyd Park
invite all to the park for a Gospel
Choir, mulled wine, mince pies,
roast chestnuts and at 3.15pm
an open air cinema showing the
magnificent 'It's A Wonderful Life'.
Meet by the Horizon café.

East Side Jazz Club

Tuesday 5 January.

Derek Nash (saxes), Steve Melling
(piano), Dave Chamberlain (bass),
Clive Fenner (drums). Admission £5.
**Call 020 8989 8129 for info
or: [http://eastsidejazzclub.
blogspot.com/](http://eastsidejazzclub.blogspot.com/)
eastsidejazzclub@gmail.com**

E17 Jazz

Thursday 7 Jan, 8.30-10.30pm.

e17 jazz @ The Rose and Crown.
Hoe St, Walthamstow.
Solstice: John Turville – piano,
Dave Manington – bass, Brigitte
Beraha – vocals, Jez Franks – guitar,





Tori Freestone - Saxes/flutes, Tim Giles - Drums. Between them, band members have played with Rick Astley, Gerard Presencer, Andy Shepperd, Kenny Wheeler, Mark Lockheart, Gwyneth Herbert and Gwilym Simcock amongst others. The gig will feature brand new compositions by John, Jez, Dave, Brigitte and Tori, written specially for the ensemble.
£5. Tel 020 8509 3880, www.myspace.com/e17jazz

Walthamstow Library Reading Group

Last Tuesday of every month, 7pm. Walthamstow Library, High Street, Walthamstow. If you like reading and sharing your thoughts about books, then a reading group is for you, giving you an opportunity to meet new people while you discuss what excited, moved or annoyed you about a book. Contact Caroline Rae on 020 8496 3000 or caroline.rae@walthamforest.gov.uk for more details.

Tell us what's on
walthamforestnews@walthamforest.gov.uk

Children and Young People

Peter Pan on Ice and Skate School Launch

Friday 18 December until Sunday 20 December. Lee Valley Ice Centre, Lea Bridge Road, Leyton. Traditional pantomime meets magical winter wonderland as the much-loved story of Peter Pan is brought to life at the Lee Valley Ice Centre in Leyton. The cast includes

over 90 skaters of all ages, styles and abilities. Matinees and evening performances to suit all the family. Please book your tickets at www.ticketweb.co.uk, 08444 771 000.

Pantomime Goldilocks And The Three Bears

Friday 18 December at 6:30pm, Saturday 19 December at 1:30pm and 4:40pm, and Sunday 20 December at 1:30pm and 4:40pm. Chingford Assembly Hall Theatre, Station Road, Chingford. Theatre company Global Productions and Waltham Forest Youth Theatre in partnership with the London Borough of Waltham Forest present Goldilocks And The Three Bears the weekend before Christmas in Chingford. The Theatre has full step-free disabled access and plenty of parking. Entrance is £10 adults and £6 children on the door on the day. Telephone the Box Office on 0750 416 2331, or book online at: www.WalthamForestPanto.co.uk



Learn & Play Xmas 5-11 Club E17 & E4

18, 21, 22, 23 Dec, 8am-6pm. £20. Call 020 8509 0994. www.learnandplaycompany.com

Cinderella

The Woodhouse Players present Cinderella on 1, 2, 8 and 9 January.

Welsh Church Hall, High Road Leytonstone. More details from: woodhouseplayers.co.uk or call 020 8504 3872.

Waltham Forest Youth Federation

2nd Wednesday each month, 5pm. Walthamstow Town Hall. An independent organisation led by young people, aiming to make the borough safer for young people (mapping crime hotspots, monitoring stop and search), improving access to youth activities (running a Fairplay Football League) and developing environmental projects (improving open spaces etc). All young people welcome.

Highams Park Youth Club

Every Tuesday (term time) 7.30-9.30pm. Winchester Road Methodist Church. Come along and enjoy table tennis, pool, Wii Games and more. Meet with friends old and new. All young people age 13-17 welcome.

Weekly children's events at your local library

Stories, arts, crafts and rhyming sessions held every week at your local library - call 020 8496 3000 to get in touch with your library and find out what's on offer for your youngsters.

Messy Mites mother and toddler group

Mondays, 10.30am-12noon. St Andrews Church, Colworth Road, Leytonstone. Fun for youngsters and a great opportunity to meet other young mums - why not come along? Contact Dean'na on messy. mites@standrewsleytonstone.org

Messy Play Drop in Session

Every Monday during term time, 12.30-2.30pm. The Village Pre-School, The Welcome Centre, St Mary's Parish Church Grounds, Walthamstow. Join in our fun activities and get messy without having to clear up. All under 5s welcome. Meet other parents while your child does painting, crafts, sticking and lots more. For information about messy play or about joining our pre-school please call 0208 521 7170.

Mini tennis lessons for children

Thursdays, Fridays and Saturdays, various times.

Whitehall Tennis Club, Highams Park, Chingford. Tennis lessons for children aged 3-9. Fun and friendly qualified coaches to help your children learn tennis skills. For more information please email abatandaball@hotmail.co.uk or call 07786 646 378.

Miss Miranda's music time

Fridays 10.15am and 11.15am. Peterhouse Centre,

122 Forest Rise, Walthamstow. Offering music and fun for babies from 6 months to under 5s, led by a fully qualified Music and Drama teacher. £5 on the day, with cheaper course option available. Call Emma on 07956 211861 for more details.

Tell us what's on

Call 020 8496 3000



Do you want to apply for Indefinite Stay or British Passport? We can help you to pass the test.

- ESOL Citizenship classes
- Life in the UK Test Training
- ESOL Certificate accepted by Home Office
- GCSE, A Level Tuition
- Henna Mehndi Courses
- Web & Graphic Design Course
- Computer Course for Beginners
- PC & Laptop Repairs Course



Call us now! Tel: 020 8279 0719
www.intelligenttrainingacademy.com



We need your back-up

Sign our online petition to help us secure 120 extra police officers for Waltham Forest

Visit www.walthamforest.gov.uk/backup or complete and return this coupon to show your support.



Waltham Forest is calling for back-up

I support Waltham Forest's campaign to secure 120 additional police officers to reach a fair level of police resourcing in the borough.

Name:	<input type="text"/>
Address:	<input type="text"/>
Postcode:	<input type="text"/>
Email:	<input type="text"/>
Comments:	<input type="text"/>

Thank you for showing your support. Please return this coupon to:

FREEPOST RRGL-ZXTL-GZXX
London Borough of Waltham Forest
Waltham Forest is calling for back-up
Town Hall, Walthamstow, E17 4JF

By completing this coupon you are agreeing to be contacted with more information about this campaign.
☐ Please tick here if you do not wish to receive this.



Welcome to your NHS Waltham Forest Page

This week we highlight our new pregnancy service which will help point you to all the services, help and support that you are entitled to if you become pregnant. We have good news if you want to stop smoking in the New Year and there is a full list of GP and pharmacy opening hours over the holiday.

We'll keep you up to date with all the latest NHS news right here in Waltham Forest News and online at www.walthamforest.co.uk



Stop smoking in 2010 your best chance of success

With Christmas soon upon us and the New Year fast approaching, you may want to think about starting 2010 on a healthier note. What better way than to stop smoking?

Stopping smoking with expert help is proven to give smokers the very best chance of stopping for good, and our local Stop Smoking Team is among the best at helping people.

Would you, your friends/ family like to stop smoking in January? You can join our group in the run up to Christmas to prepare for your quit date in the New Year.

You can join our next stop smoking group this Saturday 19 December for six weeks. The group meets on Saturday mornings from 10am-12midday at Whipps Cross Hospital, Whipps Cross Road, E11 1NR. This week we will discuss what type of Nicotine Replacement Therapy (NRT) patches, gum, inhalators etc) is available to help you.

NHS Waltham Forest's group support has proven to be a very

successful way of stopping. You will be in a group of like minded people who will all be going through the same thing as yourself, supporting each other. Our advisor who leads the group is an ex-smoker herself so will understand the highs and lows of the smoke free journey. Our team helped nearly 2,000 people to stop smoking in 2008-09 and this year it could be you.

Our award-winning Stop Smoking Team is also out and about now on the streets of Waltham Forest, encouraging smokers to use the FREE NHS service in the New Year. Watch out for them outside Tesco in Leyton (17 December) and Leytonstone (16 December & January 12), Selborne Walk (29 December and 7 January) and Morrisons on 30 December.

Please contact us for information on all the services we offer or to book your place on the group, by calling Lynn or Janet on 0208 430 7443 or email: stopsmoking.admin@wf-pct.nhs.uk



Look after yourself this Christmas

Some tips for making sure you have a healthy as well as a Happy Christmas:

- Drink wisely over Christmas and the New Year, and don't drink and drive. People are developing severe liver disease at a much younger age now due to binge drinking. Don't drink above the recommended maximum limit of 21 units of alcohol for men and 14 for women per week. Make sure you know what a unit is – a single measure of spirits can be 1.5 units.
- Cook safely and avoid upset stomachs – make sure all meat including turkey is defrosted, cooked through thoroughly according to the instructions, and not reheated.
- Think about any elderly neighbours you have who may be spending Christmas alone. With services such as day centres closed over the holidays, keeping a neighbourly eye out over Christmas could save a life.



Festive Period 2009-10 Pharmacy Opening Hours

Pharmacy	Address and Post Code	Telephone	Details
Christmas Eve 24 December 2009			
ASDA Pharmacy	Leyton Mills, E10 5NH	020 8988 8317	Closes at 6pm
Boot the Chemist	19 Station road, E4 7BJ	020 8529 2628	Closes at 5.30pm
Sainsbury's	Walthamstow Ave, E4 8ST	020 8527 7368	Closes at 7pm

Christmas Day 25 December 2009			
Leyton Orient Pharmacy	Matchroom Stadium, Oliver Road, E10 5NF	020 8539 2828	8am-10pm

Munro Pharmacy (formerly Golds) at 24 Seven Ways Parade, Woodford Avenue, Gants Hill IG2 6JX, tel 020 8550 1050, will be open from 9.30am to 10pm on Friday 25th December, and will treat Waltham Forest residents under the Pharmacy First Minor Ailments service during the holiday period 24th December 2009 to 2nd January 2010.

Saturday 26 December 2009

Most pharmacies will be open as usual, as the Bank Holiday is on Monday 28 December.

Acheason	273 High Road E11 4HH	9am-1pm
Anji's	223 Lea Bridge Road E10 7LA	9am-1pm
Beaconsfield	1 Saxon Close E17 8LE	10am-3pm
Benjamin	263 Chingford Mount rd, E4 8LP	9-1pm, 1.30-5.30pm
Boots the Chemist	813 High Road E11 1HQ	9am-7pm
Boots the Chemist	21 Selborne Walk E17 7JR	9am-7pm
Cavendish	281-283 Forest Road E17 6HD	9am-4pm
Rowlands/Emberhart	80 Chingford Mount rd E4 9AA	9am-12.30pm
Forest Chemist	615 Forest Road E17 4PP	9.15am-5.30pm
Granshaw Chemist	137 Cann Hall Road E11 3NJ	9am-1pm
Grove Pharmacy	73 Grove Road E17 9BU	9am-1pm
Hatch Pharmacy	30 Hatch Lane E4 6LQ	9am-5.30pm
K MacGregors	21 Priory Court E17 5NB	9am-1pm
Keycircle Ltd	50 Queens Road E17 8PX	10am-4pm
Kingshead Chemist	59 Sewardstone Rd, E4 7PA	9am-5.30pm
Leyton Orient	10 Oliver Road E10 5NF	8am-10pm
Lloyds Pharmacy	196 Higham Hill Rd E17 5RQ	9am-12 noon
Lloyds Pharmacy	2C Station Road E4 7BH	9-11.30am, 3-5.30pm
Lloyds Pharmacy	413 Hoe Street E17 9AP	10am-2pm

Positive Pregnancy Test?

Locally, about 1 in 4 women do not seek any professional help in the first 3 months of their pregnancy. The earlier you are seen by a midwife or doctor, the sooner they can check that everything is ok with you and your baby. To support you with this, NHS Waltham Forest has produced an early pregnancy leaflet to help signpost you to the appropriate local health services.

The leaflet provides women who are happy to be pregnant with information on:

- Direct access to maternity services
- Understanding the importance of early booking with maternity services
- Nutritional and environmental issues to improve the healthy of the mother and baby.

For women who are not sure about their pregnancy, the leaflet gives information on where to access confidential advice, support and referral to appropriate services.

The leaflet provides key tips on

steps you can take to keep fit and healthy at the start of and during pregnancy, as this is linked to having healthier babies.

Healthy pregnancies can improve the long term health of children in terms of reducing the risks of obesity, diabetes, vascular disease and certain types of cancer in children.

However, about half of all UK pregnancies are unplanned, making it even more important that these women seek advice to assess their health and receive some valuable information.

Although general information about pregnancy and maternity services is available there is often an information gap from the point that a woman finds out she is pregnant to her first contact with a healthcare professional. This leaflet aims to bridge that gap and improve early access.

Afzal Akram Chair of NHS Waltham Forest, Cllr Afzal Akram said: "Too many women who discover they are pregnant are delaying getting the right advice and support because they

Pharmacy	Address and Post Code	Telephone	Details
Saturday 26 December 2009 (continued)			
Marijak	354 High Road E10 6QE		9am-1pm
Marijak	822 High Road E10 6AE		9am-7.30pm
Medicos	399 Hoe Street E17 9AP		10am-6pm
Meraj	467-469 High Road E10 5EL		9am-1pm
Meraj	694 High Road E10 6JP		9am-1pm
MS	467 Lea Bridge Road E10 7EA		9am-6pm
Roy Latchman	633 High Road E11 4RD		9am-12.30pm
Superdrug	Selborne Walk E17 7JR		9-1.30, 2.30-5pm
Waterman Pharmacy	248 Forest Road E17 6JG		9am-1pm

Sunday 27 December

Normal Sunday Opening Hours

Monday 28 December 2009 Bank Holiday Monday

ASDA Pharmacy	Leyton Mills, E10 5NH	020 8988 8317	10am-6pm
Boots the Chemist	813 High Road, E11 1HQ	020 8539 2550	10am-5pm
Boots the Chemist	Selborne Walk, E17 7JR	020 8520 7017	11am-5pm
Boots the Chemist	9-11 Old Church Rd, E4 6SJ	020 8529 2299	10am-6pm
Boots the Chemist	19 Station rd, E4 7BJ	020 8529 2628	10am-6pm
Leyton Orient	10 Oliver Road, E10 5NF	020 8539 2828	8am- 10pm
Lloyds Pharmacy	413 Hoe Street, E17 9AP	020 8520 5081	10am-2pm
Sainsbury's	Walthamstow Ave, E4 8ST	020 8527 7368	9am-7pm
Tesco Pharmacy	825 High Road, E10 7AA	020 8273 7649	11am-4pm
Tesco Pharmacy	Gainsborough Rd, E11 1HT	020 8437 2447	11am-4pm
Sainsbury's	Walthamstow Ave, E4 8ST	020 8527 7368	9am-7pm

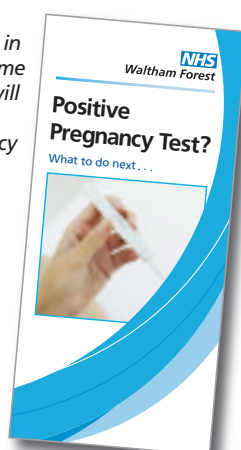
Friday January 1 2010

Boots the Chemist	813 High Road, E11 1HQ	020 8539 2550	10am-5pm
Boots the Chemist	Selborne Walk, E17 7JR	020 8520 7017	10am-5pm
Boots the Chemist	9-11 Old Church Rd, E4 6SJ	020 8529 2299	11am-5pm
Boots the Chemist	19 Station rd, E4 7BJ	020 8529 2628	11am-5pm
Leyton Orient	10 Oliver Road, E10 5NF	020 8539 2828	8am- 10pm
Lloyds Pharmacy	413 Hoe Street, E17 9AP	020 8520 5081	10am-2pm

are not sure where to go or what to do next. The 'Positive Pregnancy Test?' leaflet explains everything and will help ensure that you get all the help you need to have a healthy pregnancy and a healthy baby."

Copies of the leaflet will be available from nearby pharmacies, GP practices, health centres, the polyclinic, children's centres, the Patient Advice and Liaison Service (020 8430 3939), youth centres, schools and colleges, libraries, domestic violence centres, voluntary sector settings, sports centres, sexual health and family planning clinics and cafes & pubs.

Starting later in December some pharmacies will be offering free pregnancy tests, and if these are positive, pharmacists will be able to book women directly into maternity services



Local GP Services

If you require urgent medical care over Christmas you should contact your GP during their opening hours; If the surgery is closed, you will be directed to the GP 'out of hours' service where a doctor will assess you and suggest the appropriate course of action. You can also contact NHS direct on 0845 4647.

Friday 25 December 2009

Out of Hours cover provided

Saturday 26

& Sunday 27 December 2009

Normal weekend out of hours cover provided

Monday 28 December 2009

Out of Hours cover period

Friday 1 January 2010

Out of Hours cover provided

Saturday 2 January

& Sunday 3 January 2010

Normal weekend out of hours cover provided

The Orient Practice at the Polyclinic in Oliver Road, Leyton, will be open during Christmas including the weekend and Bank Holiday.

All other days over the holiday period GP practices are open normal hours

Drug and Alcohol Services at Christmas

If you, or a family member or friend needs help with drug and alcohol issues over the holiday, there are a number of places you can go.

Turning Point

Turning Point offers information, advice and support for anyone over 18 concerned about their own, or somebody else's, drug or alcohol use. The service provides open access drop-in, care planned key-working, group sessions, complementary therapies and a structured day programme.

Open access services can be found at Alpha Business Park in Walthamstow,

offering advice and information, assessment and a needle exchange. A 12-week Day Programme is delivered at 1 Beulah Rd in Walthamstow where clients can engage in both abstinence, and non abstinence programmes, depending on their need. Referrals to services include self referral, GPs and other professionals.

Community Drug and Alcohol Team (CDAT)

CDAT works to minimise the physical and emotional harm arising from the use of dependence on illicit drugs and alcohol. The service is friendly, confidential and easy to access operating an open referral system. CDAT has doctors, nurses, drug and alcohol workers available to you at: Larkwood Centre, 714 Forest Road, Walthamstow E17 3HP. Telephone 0844 600 1241

QALB Outreach Services

The outreach Team offers drug and alcohol related information, support and advice and referrals to specialist services. The team makes contact with clients through street based outreach

Drug and Alcohol services Christmas Opening

Thursday 24 Dec

Tuesday 29 Dec

Wednesday 30 Dec

Thursday 31 Dec

Monday 4 Jan

Advice and helplines

Alcohol advice line - 0800 917 8282

Alcoholics anonymous - 0845 769 7555

Drug advice line - 0800 77 66 00

Narcotics Anonymous - 0845 373 33 66

Free advice line - 0800 137 491

and satellite services. 0752 233 6678 / 020 85215223

QALB Counselling Service

Qalb offers structured and culturally sensitive counselling services to individuals from the Black and Minority Ethnic community, affected by drug and alcohol. There is also a specialist BME outreach service provided by QALB at the Ferguson Centre, 26 Low Hall Lane, London, E17. Tel: 020 8521 5223

Westminster Drug Project (WDP)

WDP offers a drug intervention programme and drug rehabilitation requirement programme to drug users in the criminal Justice system. 1 Cecil Road, Leytonstone E11 3HF. Tel: 020 8988 3456.

For more information about NHS Waltham Forest and local health services take a look at our new website at: www.walthamforest.nhs.uk



Our Safety

In brief

Youngsters train police in stop and search techniques

A groundbreaking scheme organised by Waltham Forest Council has seen young people training territorial support group (TSG) officers in stop and search techniques.

The training, by the borough's Youth Independent Advisory Group, looked at how to more effectively stop and search young people without causing unnecessary offence.

The young people also patrolled with the TSG, monitored their stop and searches, and made recommendations on how they should be conducted in future.

If the scheme is successful it will be rolled out across London.

• **For more information about the Youth Independent Advisory Group and what it does, contact Waltham Forest Council on 020 8496 3000.**

Waltham Forest scoops prestigious award

Waltham Forest has won the Suzy Lamplugh Trust Safer Community Award.

The Council was lauded for its work to make residents safer and received the award at a gala dinner at the London Bridge Hilton on Saturday night.

The Trust highlighted the borough's work to tackle anti social behaviour at Halloween, which resulted in a 43 per cent drop in disorder during that period and the work being done to make schools safer.

• **For more information on what the Council and police are doing to make Waltham Forest safer log on to www.walthamforest.gov.uk or ring the Council's Community Safety team on 0208 496 3000. Alternatively visit www.met.police.uk**



Our Area Matters – coming soon

Residents of two wards in Waltham Forest will have the chance to help clear up their neighbourhood when Our Area Matters rolls into town.

The scheme lets residents and businesses tell the Council what anti-social behaviour they think needs to be tackled.

Problems can include, graffiti, fly tipping, littering, abandoned vehicles and illegal parking among other things. Once reports have been made by residents then work can be carried out to deal with the issues raised.

Residents are asked to let the Council's Community Safety Team know what needs to be tackled in Forest and Leytonstone Wards by 20 January.

• **For more information on Our Area Matters ring 020 8496 3000 or visit www.walthamforest.gov.uk/index/safety/area-matters**



Some of the thousands of items of counterfeit clothing that were recovered by officers

Council seizes £600,000 of counterfeit designer clothing

- Designer gear and football kits amongst bumper fake clothing haul
- Police say the sale of counterfeit items funds more serious organised crimes

Trading standards officers have seized more than 3,000 items of clothing with fake designer labels with a value of £600,000.

The massive haul was confiscated by Waltham Forest Council, following a tip off from Customs and Excise, who advised the Council that they had stopped a consignment of 60 boxes containing various trade marks from being delivered to an address in Chingford.

Following Customs and

Excise's release of the clothing, trading standards officers obtained a search warrant from magistrates and raided the address with police.

The clothing which include copies of Prada, Armani, Dolce & Gabbana and Versace labels were seized and are now in secure storage. One person was arrested.

It is clear these items were heading for the Christmas market and have been intercepted

before unwary shoppers purchased them.

Selling counterfeits is criminal conduct. It is unfair competition and attacks the good reputation built up by legitimate companies.

This sends a strong message that the sale of counterfeit goods will not be tolerated in Waltham Forest. Traders are advised to buy from a reputable source, to check any goods and paperwork and make enquiries of their suppliers

before accepting goods.

If you are in any doubt about the authenticity of the products you can contact our trading standards team or the trade mark owners for advice.

More info

To find out more about the work of Trading Standards log on to www.walthamforest.gov.uk/trad-standards or ring 020 8496 3000.



Promoting gender equality by tackling domestic violence

It's a shocking fact, but one in four women in the UK will experience domestic violence in their lifetimes, often at the hands of someone they know.

Domestic violence occurs when one person in a relationship, such as a spouse, partner or family member, tries to dominate and control the other person. This can involve threatening, violent or abusive behaviour as well as emotional, psychological or financial abuse (using money as a form of control such as rigidly controlling finances).

Domestic violence can affect women and men and also affects people in same sex relationships. Domestic violence can happen in every section of the community.

Waltham Forest Council is committed to tackling domestic violence, providing support to victims and encouraging perpetrators to change their behaviour.

The Council has recently released its second annual gender equality report

showing the work it has done during the last year to promote gender equality in the borough.

Improving women's safety and tackling violence against women, particularly domestic violence, remains a big focus under the Council's gender equality scheme.

Some of the actions the Council has taken in 2008/09 include:

- Raising awareness among young people of the effects of domestic violence and providing support services for young people in families where domestic violence is an issue, through its Domestic Violence School Education programme. Ashiana Network, a London-based service that runs refuges, outreach and counselling for women victims of domestic violence in Waltham Forest, were funded to deliver 67 workshops to 754 young people across five local schools.
- Working with others such as social services, health services, housing and the police, to identify those who are most at risk from further

abuse and to protect them by giving support and help at the earliest opportunity. From January to March 2009, 37 cases were reviewed in this way and around 40 per cent needed support to tackle the effects of alcohol abuse.

- Providing 46 sanctuaries under the Sanctuary scheme. The scheme helps people who feel vulnerable or threatened by ex-partners but wish to remain in their homes because they are close to children's schools, doctors, family and other support networks in the area. The Council's Sanctuary Scheme aims to make the home more secure by undertaking building works that make it harder for unwanted visitors to gain access to the property.
- Continuing the Domestic Violence Intervention Project/ East London Perpetrators' Programme, which involves 60-hours of structured intervention designed to help men deal with their abusive behaviour. At the same time, the Women's Service offers

support service to the victim. Out of the 67 men referred into the programme, 32 have completed the assessment and 30 women and 41 children have benefitted from the Women's Service.

Progress has also been made to make parks and open spaces safer for women, to improve pedestrian links between major transport centres and to increasing safety for women tenants and their families in council housing.

Additionally, the Council's gender equality scheme outlines its progress towards raising boys' achievements and girls' aspirations, promoting men's and women's involvement and participation in decision-making and supporting parents and carers in the workplace.

More info

To read more on the Council's gender equality scheme, please visit www.walthamforest.gov.uk/social

"I'm in a safer place"

Farhana*, 22, is a confident, intelligent and articulate young woman who talks optimistically about her future. But she was both a witness to and victim of domestic violence, which forced her to leave home two years ago.

'In Asian cultures, there are ways you're expected to behave that I wasn't following – I wanted to hang out with my friends, go clubbing, stay out – normal things that teenagers do. My parents weren't happy with this and one day it came to a head.

"My brothers tried to make me do what my parents wanted but it wasn't what I wanted. When I reacted back, my brother got so angry, instead of hitting me, he hit the door and left a huge hole... I think it's still there.

"When I was younger, I saw my dad being abusive towards my mother. When it happened to me, that was it, I left.

"I had no money, I had just left my mum's house and was homeless – I had nothing. I felt lost and scared but for me, leaving was the only option."

Farhana came to Ashiana six months ago, which found her a safe place to stay and helped her get her life back on track.

"Without Ashiana, I would've been homeless. I would've been scared. I wouldn't be able to do half the things I'm doing now – the voluntary work I'm doing with Ashiana has really opened my eyes and given me better avenues for work.

"I'm getting my life back together now and living it the way I want to live. I'm in a safer place, I'm enjoying life. I don't have to worry about family issues and who I marry because now I get to choose how I live my life."

If you would like more information about the Ashiana Network, please visit www.ashiana.org.uk

* Name has been changed to protect the identity of the person.

News in brief



Resident inspectors

Our resident inspectors are coming to the end of their 15 week training that will give them a qualification in housing.

The resident inspectors will start working with us soon. More news in the new year.

Christmas is a time for giving, but remember rent still needs to be paid.

Board Walk

In November 2009 our new Chair of the Board, Paul Lowenberg and Board members, visited a number of estates. The Board walks gave them the opportunity to meet residents and discuss their concerns.



Hello and welcome

Ascham Homes welcomes a new Chair of the Board, Paul Lowenberg. Paul's first task as Chair was to appoint the new interim Chief Executive, Martin Esom.

Paul said, "Ascham Homes will move into a new phase in its commitment to deliver the best possible services for residents. We are finalising a number of improvements that will be announced in the coming weeks, which are designed to achieve high levels of resident satisfaction. We will be taking a thorough look at our financial position and report back to you in the new year.

The Board is totally committed to ensuring that our residents are at the heart of all that we do. We shall renew and extend our current approaches to resident engagement to ensure that we offer every possible opportunity for you to be involved in developing our priorities and improving our services.

2010 will be an exciting year ahead. We will go forward with our residents, Waltham Forest Council and other key partners in the community, to improve our services and maximise the impact of our partnerships."

Martin Esom, Interim Chief Executive until March 2010 said: "Ascham Homes is in a difficult financial position and I am working with a team to build a strategy for the 2010 budget. Our service improvements will be strongly based on what residents have told us.

We want to be proud of our estates and of the services we provide. I shall support the Board in recruiting the next Chief Executive to Ascham Homes and taking this company forward with new initiatives and programmes. I look forward to meeting residents during the next few months."



Residents' Compact

In the Autumn 2009 a group of residents worked with Ascham Homes to revise the Residents Participation Compact. The compact sets out the different ways you can get involved in what Ascham Homes does.

It tells you how you can influence and make changes to the service you receive. It also tells you how we will support you through funding and training.

A copy will be sent to each Tenant and Residents' Association and members of the Residents' Information Network.

A summary will also be published on our website at www.aschamhomes.org.uk and available in hard copies at our reception in Willow House.










Christmas opening times




Our Ascham Direct contact centre and reception at Willow House shall be closed from 5pm Christmas Eve and our normal service will resume on Tuesday 29 December 2009 at 8am until 5pm on Thursday 31 December 2009. We will re-open in the new year at 8am on Monday 4 January 2010.

If you need an emergency repair over the festive season please contact our out of hours service on 020 8496 3000.

We wish you a peaceful and happy New Year!


Our performance for the month of October 2009		Current performance	Status
Estate inspections carried out: We aim to make sure 99% of estates inspected achieve a grade A or B for cleanliness		99.9%	
Leasehold service charge collection: We aim to collect 100% of Service Charges		91.8%	
Rent collection: We aim to collect 98%		95.0%	
Right to repairs: We aim to complete 98.5% of urgent repairs on time		99.1%	
Repair appointments made and kept: We aim to make and keep appointments for 98% repairs		98.3%	
Average time to complete repairs: We aim to complete responsive repairs in 9 days		5.3 days	
Repairs right first time: We aim to complete 80% of repairs 'right first time'		91.6%	
Resident satisfaction with major works: We aim to achieve 90% satisfaction for major works completed		98.3%	
Resident satisfaction with day to day repairs: We aim to achieve 90% satisfaction for day to day repairs		87.7%	

Help is on hand



Many people are finding it harder to manage their debts and overdue rent in the present financial climate. Ascham Homes can help by providing advice and information.

Our staff are trained to assist you in person or by telephone. Our website also has useful information on how to pay your rent, budgeting and fuel payment advice. If you are struggling to pay your rent, please contact our Rent team on 020 8531 8097.



In October the overall performance is 80% of Indicators achieving a green status

The Lady Poet

Ethel Dyall, 84, has lived and raised her family in her council home of 54 years. The house was built 1919 for returning war heroes after the first World War.

Ethel got the writing bug after attending a creative writing course in the 1980s and has been writing poetry and rhymes ever since.

One of her latest poems captures her ordeal of being stuck in her toilet for nine hours, not deterred by the experience, she put pen to paper.

Ethel is currently working on a collection of poems titled, 'Pride, Poverty and Piano' which she hopes to get published next year. Due to Ethel's physical difficulties, and as a result of her entrapment, adaptations were made to her toilet and bathroom that include a new walk-in shower. Ethel is delighted with the changes that have been made.

Ethel was full of praise for the Ascham Homes and Breyer Group staff involved and said, "Thank you very much for looking after me, I miss you all being around. Many thanks for what you have done for me."

Ethel recently had another fall and broke her funny bone, of all the bones to pick, Ethel certainly picked the funniest! We wish her a speedy recovery and a healthy new year!



ETHEL'S DILEMMA

The fifth of April, half past three.
'Twas with a sense of urgency
That I ran quickly to the loo.
But then a problem came in view.
Alas, my toilet is so small
While I am large and rather tall.
Rose from the throne, slipped on the floor!
Let's hope I make it to the door.
But then I get a fearful jolt:
Calamity! Can't reach the bolt!
Oh dear, this causes me great stress.
Nerves are in shreds, I'm in a mess.
Quiver and shake to no avail:
Oh, Guardian Angels, please don't fail
Me now! I'm well and truly stuck,
Panic sets in, I'm out of luck.
I'm all alone inside the house,
No phone to hand, no friendly mouse!
I yell and scream, "Come to my aid,
And summon, please, the fire-brigade!"
Wedged in for something like nine hours,
I choose my hymns and funeral flowers.

At last! My grandson's home again!
"What's up, nan, have you got a pain?"
"No, but you need to rescue me,
Just break the lock immediately!"
Bless him, he isn't one to shirk.
He tries his best, but it won't work.
He phones my daughter. Frightened, she
Calls the police: "Come urgently!"
Firemen arrive with all their gear
And now decision-time is here.
The troops are poised for action, so:
"We'll break the door down. Go go go!"
Mission accomplished, but there's more:
I am still wedged upon the floor.
Two hunky paramedics then
Up-end me, and I'm free again!
And there this horror-story ends.
Now to relate it to my friends!

Your area, your say

Get involved in decision making

At the next Community Council meetings there will be elections for Community Chair and Community Vice Chair. If you want to help give local residents a voice, come along and put your name forward. To stand you must live in the Community Council area you are applying to. Application forms are available from the website or phone the team for an informal chat about what is involved.

Community Councils give residents a voice. At recent Community Council meetings residents voted to support:

- Multi-sports sessions for young people aged 5-18 years
- Improvements to Brooks Farm, Skeltons Lane, a semi-working farm open for educational visits by schools and families
- Networking evenings for parent and carers



Your next meeting:

Walthamstow West 11 January 2010
Chapel End Junior School, Roberts Road, Walthamstow E17 4LS

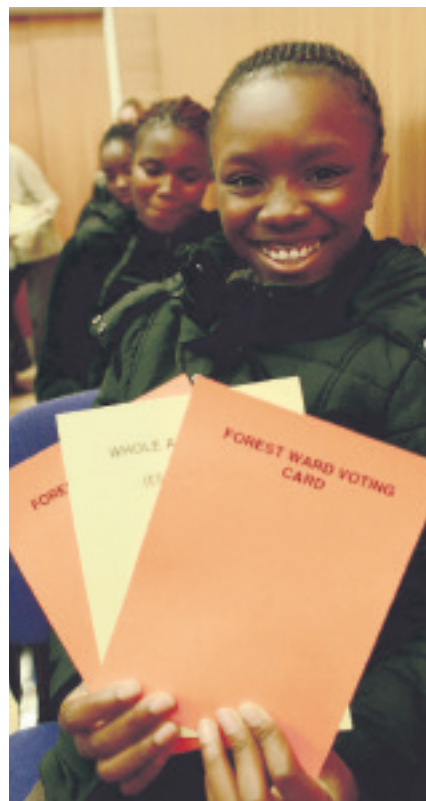
Leytonstone 18 January 2010
Leytonstone Library, 6 Church Lane, Leytonstone E11 1HG

Leyton and Whipps Cross 21 January 2010
Leyton Sixth Form College, Essex Road, Leyton E10 6EQ

North Chingford 25 January 2010
Chingford Foundation School, Nevin Drive, Chingford E4 7LT

South Chingford and Highams Park 1 February 2010
Chase Lane Primary School, York Road, Chingford E4 8LA

Walthamstow and Lea Bridge 8 February 2010
Henry Maynard Junior School, Addison Road, London E17 9LT



All residents are welcome, just come along.

Meetings start at 7.30pm, free refreshments from 7.15pm.

All venues are wheelchair accessible with an induction loop provided. Information is available in large print, Braille and on audiotape on request. Community language, British Sign Language interpreters and childcare facilities can also be provided. We require at least three week's notice for BSL interpreters, and at least one week for other services.

For more information, including which Community Council you belong to and directions to the venues, call Waltham Forest Direct on **020 8496 3000** or visit **www.walthamforest.gov.uk/community-councils**

Leyton



LOASS coaches, players and committee members with their award at Leyton Orient

LOASS wins Club of the Year

- Leyton Orient Advanced Soccer School wins Football Association award
- Club runs Under-10s Girls and Under-16s Disability teams



Leyton Orient Advanced Soccer School (LOASS) has been awarded the London Region FA Charter Standard Club of the Year 2008/09 award. The club runs teams from

Under-7s to Under-18s and seniors, but it was its achievements off the field last season which were recognised at the awards night.

Club Secretary, Steve

Jones, said: "This is a fantastic achievement for LOASS FC. It is a real honour to receive this award as it demonstrates we are moving in the right direction and that is recognised by the London FA who have supported us all the way in getting this far."

The club, which competes in local and Essex leagues and acts as a feeder club to the O's' Centre of Excellence, also recently achieved FA Charter Standard Community Club status. This year LOASS has introduced Under-10s Girls and Under-16s Disability teams.

"Our aim is to achieve

excellence both on and off the pitch," says Steve Jones. "Thanks to our Director of Football, Danny Fenner, we have a great team of coaches who are doing a great job with our very talented players. I'm especially proud of our volunteer committee which does wonders behind the scenes supporting the coaches and the club. Without them we simply wouldn't be here."

More info

Find out more about LOASS online at www.loass.intheteam.com or by ringing 020 8556 5973. Trials are held at the end of the season.

In brief

Coping Through Football

Coping Through Football is an innovative project aimed at adults living in Waltham Forest who have mental health problems. The sessions are run by coaches from Leyton Orient Community Sports Programme and provide an opportunity to get fit, improve physical and mental health, meet people and improve football skills.

The project can also help people to take FA level 1 coaching courses and has opportunities for volunteers to assist in the project as well as a range of social activities such as watching Leyton Orient matches and five-a-side tournaments. Coping through football sessions are held on Thursdays between 2-4pm at The Score Centre, Oliver Road, Leyton.

• For more information contact Matthew Howard-Jones 0844 600 1268 / 07825 527170 or email matthew.howard-jones@neimht.nhs.uk



Totally Together

Students at Riverley Primary School in Leyton escaped the classroom to watch an award-winning theatre group put on a play called 'Totally Together'. The show addresses issues of racism, discrimination, immigration and asylum, with a plotline based around the London 2012 Olympics and the arrival of a young athlete to a local club.

Aimed at nine to 13 year olds, the show features among its characters, Little Britain's Vicky Pollard, hapless Kazakhstani reporter, Borat, and songs by the Sugababes and Gwen Stefani, providing young audiences with a memorable change from the curriculum. The play, which sounds brilliant, is touring select schools across the borough.

• For more information go online to: www.chainreactiontheatre.co.uk

Leyton Community News

A new magazine, written and produced by Leyton residents, is about to hit the streets. Leyton Community News replaces Leyton Today and is the result of a 12 week course at the Cyberlink in Leyton, covering photography, desktop publishing and magazine production. A team of eight residents is putting the finishing touches to the magazine this week.

"Leyton Today Magazine was a critical mechanism for engaging and consulting residents," says Stanton La Foucade, Neighbourhood manager for Leyton BNI. "It was imperative the magazine was somehow sustained as part of the legacy of the Team Leyton Pathfinder. What better way to do so than by giving residents ownership."

• Leyton Community News will be distributed in Leyton ward in January

Public Notices

Highways

LONDON BOROUGH OF WALTHAM FOREST BUS PRIORITY SCHEME

The Waltham Forest (Bus Lanes)
(Amendment No. 1) Order 2009

The Waltham Forest (Waiting and Loading Restriction)
(Amendment No. 25) Order 2009

1. NOTICE IS HEREBY GIVEN that on the 11th December 2009 the "Council" of the London Borough of Waltham Forest made the above-mentioned Orders under sections 6 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.

2. The general effect of the Orders will be, to:-

- (a) adjust the length and layout of the south-westbound bus lane on Lea Bridge Road, E17 at its junction with Orient Way;
- (b) amend existing Orders to better reflect bus lanes as they exist on the ground in Lea Bridge Road, E17;
- (c) introduce new waiting and loading restrictions

arrangements so that the waiting by vehicles will be prohibited "at any time" at the location in Schedule 1 to this notice and the waiting and loading prohibited at certain times and locations as specified in Schedule 2 to this Notice.

3. Copies of the Orders, which will come into operation on 15th December 2009 and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at:- (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) The Waltham Forest Direct Shop, 265 Chingford Mount Road, Chingford, E4 8LP; and (c) Low Hall, Argall Avenue, London, E10 7AS.

4. Any person desiring to question the validity of the Orders or of any provision contained therein on the grounds that they are not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

Dated 14th December 2009
Mr. K.Valavan, Head of Highways and Infrastructure, Low Hall, Argall Avenue, London, E10 7AS

SCHEDULE 1 (double yellow line waiting restrictions to operate "at any time" at the following location)

KINGS HEAD HILL, E4 - the north side, outside Nos. 24 to Nos. 34/36.

SCHEDULE 2 (single yellow line waiting and loading restrictions to operate at the following locations and during the respective times shown below)

BILLET ROAD, E17 - (a) existing single yellow line between Millfield Avenue and Wigton Road to operate between the hours of 7 a.m. and 7 p.m. on Mondays to Saturdays inclusive with loading restrictions operating between the hours of 7 a.m. and 10 a.m. and 4 p.m. and 7p.m.on Mondays to Saturdays inclusive; (b) both sides, new single yellow lines between Wigton Road and Ardleigh Road to operate between the hours of 7 a.m. and 10 a.m. and 4 p.m. and 7p.m.on Mondays to Saturdays inclusive and loading restrictions operating at similar times; (c) the south side, new single yellow line outside the rear of Nos. 33 to 51 Cecil Road, operating between the hours of 7 a.m. and 10 a.m. on Mondays to Fridays inclusive and loading restrictions operating at similar times.

LONDON BOROUGH OF WALTHAM FOREST MARKHOUSE ROAD/SOUTH GROVE ROUNDABOUT, E17 – LOCAL SAFETY SCHEME

The Waltham Forest (Waiting and Loading Restriction)
(Amendment No. 26) Order 2009

1. NOTICE IS HEREBY GIVEN that on the 11th December 2009 the "Council" of the London Borough of Waltham Forest made the above-mentioned Order under sections 6 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.

2. The general effect of the Waiting and Loading Order will be to further amend The Waltham Forest (Waiting and Loading Restriction) Consolidation Order 2008 so that waiting by vehicles would be prohibited "at any time" at the locations specified in the Schedule to this Notice.

3. Copies of the Order, which will come into operation on 15th December 2009 and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at:- (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) The Waltham Forest Direct Shop, 265 Chingford Mount Road, Chingford, E4 8LP; and (c) Low Hall, Argall Avenue, London, E10 7AS.

4. Any person desiring to question the validity of the Order or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Order may, within six weeks of the making of the Order, make application for the purpose to the High Court.

For more information please telephone 020 8496 3000.

Dated 14th December 2009
MR. K. VALAVAN, Head of Highways and Infrastructure, Public Realm, Low Hall, London, E10 7AS

SCHEDULE (waiting restrictions to operate "at any time", 8m from the following junctions unless otherwise stated)

South Grove and Brunner Road; South Grove and Arkley Crescent; St. James's Street and Brunner Road;

South Grove, both sides, from junctions with Arkley Crescent and Side Road to its junction with Markhouse Road;

St. James's Street, the north-east to south-west arm, the entire length.

Planning

LONDON BOROUGH OF WALTHAM FOREST PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990 - SECTION 67

NOTICE IS HEREBY GIVEN that the following application for a building within a Conservation Area has been made to this Authority.

APPL.NO 2009/1492

APPLICANT Mr B Welfare

ADDRESS 5 Churchill Mews, Woodford Green, Essex, IG8 9DP

PROPOSAL Erection of single storey side extension.

TOWN & COUNTRY PLANNING (GENERAL DEVELOPMENT PROCEDURE) ORDER 1995 - NOTICE UNDER ARTICLE 8

NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council for which additional publicity is required.

APPL.NO 2009/1515

APPLICANT Essex Wharf Homes LLP & A2 Dominion (London) Ltd

ADDRESS Essex WharfLea Bridge RoadLeytonLondon E5 9RL

PROPOSAL Residential redevelopment - Demolition of existing buildings and construction of four separate blocks (ranging from 5-9 storeys in height). Comprising 144 residential units (30 x 1 bed, 94 x 2 bed, 18 x 3 bed and 2 x 4 bed). Provisions for car parking, vehicular access, new cycle and pedestrian routes.

APPL.NO 2009/1514

APPLICANT Enfield Christian, Action Housing and Lee Valley Estates

ADDRESS Land adjoining Unity Works, Sutherland Road, Walthamstow, London, E17 6JW

PROPOSAL Erection of part four and part five storey twin blocks comprising 40 self contained flats (8x2 bed, 24x3 bed and 8x4 bed).

APPL.NO 2009/1452

APPLICANT CBHA

ADDRESS 6-8 Oliver Road, Leyton, London, E10 5JY

PROPOSAL Demolition of existing office building and

residential redevelopment. Erection of 2/3 storey buildings to provide 10 houses (9x4 bedrooms and 1x2 bedroom with wheelchair access).

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. - 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.

Dated this day 14th December 2009
David Scourfield, Head of Development Management on Behalf of London Borough of Waltham Forest

Tender

INVITATION TO TENDER London Borough of Waltham Forest Children & Young People Directorate "Families and communities bringing up happy and successful children" YOUTH OFFER

London Borough of Waltham Forest is committed to providing high quality services to improve outcomes for children and young people and their families. In furtherance of this and in order to deliver our commitments under the Youth Offer, we wish to commission statutory, community, private, voluntary and independent sector organisations to provide services to young people aged 10 to 19 (up to 25 years for disabled young people) and enhance the range of targeted developmental and diversionary activities for vulnerable young people.

The Youth Offer supports our Children & Young Peoples Plan (CYPP) with clear commitments to improve the happiness and well-being of children and young people, and ensure young people are supported on the path to success. Our 2010 / 2011 Youth Offer Programme seeks to deliver the following outcomes:

- An increase in youth participation in positive activities
- A noticeable increase in recorded accredited learning opportunities
- Strengthened youth involvement in commissioning youth activities

Contracts will commence in April 2010 for a one year period, with an option to extend for a further year at the sole discretion of the Council.

The evaluation criteria is as follows;

- Experience
- Match to priorities
- Understanding of local context
- Involvement of young people
- Staffing and skill mix
- Value for money
- Readiness to commence
- Popular activities for young people

To express an interest and for a detailed service specification and application form please contact:

Ms Lorraine Adjaye-Kwofie - Commissioning Team
Children & Young People Services
Telephone 020 8496 3515 or email
Lorraine.Adjaye-Kwofie@Walthamforest.gov.uk

**Deadline for the return of applications is Noon,
Monday 11th January 2010**

WIN! WIN! WIN!

Win tickets for Peter Pan on Ice at the Lee Valley Ice Centre



Traditional pantomime meets magical winter wonderland as the much-loved story of Peter Pan is brought to life at the Lee Valley Ice Centre in Leyton.

The Ice Centre's latest Christmas ice spectacular runs from Friday 18th December until Sunday 20th December and features a cast of more than 90.

The skaters will dazzle the audience with an array of fabulous costumes and the magnificent set will be illuminated with pyrotechnics and fabulous lighting effects.

To win one of five family tickets, each worth £34, (up to two adult and two child tickets), for the evening performance on Sunday 20th December (which starts at 19.30; doors open at 18.45), just answer the following question

Who is Captain Hook's side-kick? a) Cinderella b) Peppa Pig c) Smee

Deadline for entries is Friday 18th December; the first five correct answers received will win. Send your entries to Waltham Forest News, Peter Pan on Ice Competition, Waltham Forest Town Hall, Forest Road, London, E17 4JF.



Street Trading Licence

LONDON BOROUGH OF WALTHAM FOREST STREET TRADING LICENCE AND ADMINISTRATION FEES LONDON LOCAL AUTHORITIES ACT 1990 (AS AMENDED) STATUTORY CONSULTATION NOTICE FOR THE PURPOSE OF THE ACT								
The Council of the London Borough of Waltham Forest hereby gives formal notice of the following proposed resolution:								
‘The fees for street trading licenses for the period 1 April 2010 to 31 March 2011 inclusive as determined under Section 32(1) of the London Local Authorities Act 1990 (as amended) be as listed below’:								
WALTHAMSTOW MARKET								
ANNUAL LICENCE – PER CALENDAR MONTH (£'S)								
FIVE PER CENT DISCOUNT APPLICABLE ON ANNUAL LICENCE FEES ONLY IF PAID BY DIRECT DEBIT								
Day	Tuesday	Wednesday	Thursday	Friday	Saturday	Saturday (If trading on some other days)	Saturday (If trading on all other days)	Sunday
2.4 x 2.3m	33.50	22.50	45.00	33.50	139.00	123.00	112.00	22.50
3.5 x 2.3m	44.00	29.50	57.50	44.00	179.50	162.00	144.50	29.00
4.0 x 2.3m	45.00	30.50	60.00	45.00	185.50	164.50	147.50	30.50
5.0 x 2.3m	55.50	38.00	73.50	55.50	232.50	194.00	185.50	38.00
6.0 x 2.3m	67.00	45.00	88.50	67.00	277.50	246.00	221.50	45.00
7.0 x 2.3m	78.00	51.50	103.00	78.00	323.00	287.00	259.00	51.50
8.0 x 2.3m	89.50	60.00	118.50	89.50	373.00	328.50	295.50	60.00
CASUAL TRADERS – DAILY CHARGE (£'S)								
Day	Tuesday	Wednesday	Thursday	Friday	Saturday	All week (excl Sunday)	Sunday	
2.4 x 2.3m	15.50	9.00	23.50	15.50	37.50	82.00	14.50	
3.5 x 2.3m	20.00	10.50	29.50	20.00	47.00	103.00	17.00	
4.0 x 2.3m	20.50	11.00	30.00	20.50	49.50	109.00	21.50	
5.0 x 2.3m	24.50	13.00	37.50	24.50	61.50	135.00	23.50	
6.0 x 2.3m	29.50	15.50	45.00	29.50	73.50	162.50	26.00	
7.0 x 2.3m	35.00	18.00	52.00	35.00	86.00	190.00	28.00	
8.0 x 2.3m	40.50	20.50	59.50	40.50	98.50	217.00	30.50	
HIRE OF VACANT PITCHES BY PERMANENT TRADERS – DAILY CHARGE (£'S)								
Day	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
2.4 x 2.3m	9.00	9.00	15.50	9.00	26.00	11.00		
3.5 x 2.3m	10.00	10.00	18.00	10.00	30.50	13.00		
4.0 x 2.3m	11.00	11.00	20.50	11.00	35.50	19.50		
5.0 x 2.3m	13.00	13.00	24.50	13.00	44.00	21.50		
6.0 x 2.3m	15.50	15.50	29.00	15.50	51.50	23.50		
7.0 x 2.3m	18.00	18.00	35.50	18.00	60.00	26.00		
8.0 x 2.3m	20.50	20.50	40.50	20.50	68.50	28.00		
Individual or miscellaneous sites			Parking permit		£51 per calendar month	Any persons wishing to make representations regarding the proposed fees as set out above may do so in writing by Friday 15 January 2010 to the address stated below.		
Whipps Cross Road and Leytonstone Plaza			Storage shed		£305 per quarter			
Monday to Saturday licence			Container hire		£173 per quarter			
Sunday licence			Plugs		£6.25 each			
			Forecourt licence -		On application	£35.50	Gareth Jones Head of Enforcement Sycamore House Waltham Forest Council Town Hall Complex Forest Road E17 4JF	
					On approval	£35.50		
					Licence fees	£23.50 per week		
					Annual renewal	£35.50		
			Application for designation of new trading site		£420 (non refundable)			
Other fees			The above fees are calculated with the objective of covering the costs of administration, enforcement, waste management and cleansing activities associated with the street trading function.					
Additional trade waste charge – fruit and vegetables								
£10.50 per pitch per month								
Licence application		£35.50						
Annual licence renewal		£35.50						
Replacement licence		£35.50						
Casual licence registration		£35.50						
Replacement plaque		£7						
Arrears reminder letter		£28						
Arrears/officer panel letter		£56						
Variation request -		On application						
		On approval	£11.50					
Christmas market -		Sundays	£28 per day					
		Mondays	£22.50 per day					



Family Information Service

A confidential service providing free and impartial information and support to families with children and young people aged 0-19 and up to 25 for people with disabilities.

Ask us about:

- Childminders
- Day Nurseries
- Children Centres
- Crèches
- Pre-schools
- Parent and Toddler groups
- After School and Breakfast Clubs
- Holiday Playschemes
- Extended services

We also provide support and information on:

- Working Tax Credits and Child Tax Credit
- Free part-time early education places for 3 to 4 year-olds
- Special needs inclusion
- Working with children
- Training opportunities
- Becoming a registered childminder or opening a childcare provision

Phone: 020 8496 3000

Email: wffis@walthamforest.gov.uk

Website: www.walthamforest.gov.uk/fis



Waltham Forest